



Urban Prep Pride Curriculum Map

Freshman Year: Successful Transition from Elementary to High School

#	Quarter 1	Quarter 2
1.	Purpose of Pride Program/UP Core Values	Positive Self-concept/Self-esteem
2.	Student Code of Conduct	Bullying-Cyber-Social Media Usage
3.	College Readiness and Success	Self-Advocacy
4.	Study Skills	Managing Emotions
5.	Time Management	Teen Depression
6.	Organization Skills	Substance Abuse
7.	Goal Setting	Domestic Violence
8.	Stress Management	Violence Prevention
9.	Decision Making	Peer Pressure

Sophomore Year: Identity Development/Self/Awareness

#	Quarter 1	Quarter 2
1.	Purpose of Pride Program/UP Core Values	Naviance-College/Career
2.	Student Code of Conduct	Teen Depression
3.	College Readiness and Success	Self-Efficacy
4.	Naviance-College/Career	Racism
5.	Study Skills	Interactions with Law Enforcement/Authority Figures
6.	Time Management/Organization	Community Violence and Trauma
7.	Goal Setting	Trauma
8.	Stress Management	Decision Making
9.	Bullying-Cyber-Social Media Usage	Social Conventions



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Junior Year: College Readiness

#	Quarter 1	Quarter 2
1.	Purpose of Pride Program/UP Core Values	Naviance-College Selection Process
2.	Student Code of Conduct	Social Conventions
3.	College Readiness and Success	Self-Advocacy
4.	Naviance-College/Career	Overcoming Adversity
5.	Test-Prep ACT	Social Media Usage
6.	Time Management	Decision Making
7.	Stress Management	Peer Pressure
8.	Academic Persistence	Realistic Self-Appraisal
9.	Teen Depression	Leadership Skills
10.	Anxiety	Labels/Stereotype Threat

Senior Year: College Success

#	Quarter 1	Quarter 2
1.	Purpose of Pride Program/UP Core Values	College Persistence
2.	Student Code of Conduct	College Pitfalls
3.	College Readiness and Success	Self-Advocacy
4.	Stress	Financial Literacy
5.	Academic Persistence/Senior Ides	Social Media Usage
6.	Teen Depression	College Tutoring Services
7.	Anxiety	College Counseling Services
8.	How to deal with racism in the "real world"	Minority Student Affairs Offices
9.	Networking/Relationships Building	