

SELF-ASSESSMENT

Social & Emotional Development

SELF-CREATED GOALS	ATTEMPTING/BEGINNING	STRONG EFFORT	MEETING SELF-EXPECTATIONS	EXCEEDING SELF-EXPECTATIONS
Are my choices moving toward my goal?				
Does my behavior mirror what I want to accomplish?				
Are my words and conversations positive/helpful in creating my successes?				
Have I developed a plan of action when I feel frustrated?				
Have I listed or discussed three resources to assist me in reaching my goals?				
Have I self-assessed how I have moved toward or away from my goals?				
Am I recording my reflections in a journal so that I see my progress?				