Core Values Activity

*An example is provided on the next page*

I. **Directions:** Read the list of values below. **Highlight 10 values** that are important to you.

<table>
<thead>
<tr>
<th>Authenticity</th>
<th>Fame</th>
<th>Openness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Achievement</td>
<td>Friendships</td>
<td>Pleasure</td>
</tr>
<tr>
<td>Adventure</td>
<td>Fun</td>
<td>Poise</td>
</tr>
<tr>
<td>Authority</td>
<td>Growth</td>
<td>Popularity</td>
</tr>
<tr>
<td>Autonomy</td>
<td>Happiness</td>
<td>Recognition</td>
</tr>
<tr>
<td>Balance</td>
<td>Honesty</td>
<td>Religion</td>
</tr>
<tr>
<td>Beauty</td>
<td>Humor</td>
<td>Reputation</td>
</tr>
<tr>
<td>Boldness</td>
<td>Influence</td>
<td>Respect</td>
</tr>
<tr>
<td>Compassion</td>
<td>Inner Harmony</td>
<td>Responsibility</td>
</tr>
<tr>
<td>Challenge</td>
<td>Justice</td>
<td>Security</td>
</tr>
<tr>
<td>Citizenship</td>
<td>Kindness</td>
<td>Self-Respect</td>
</tr>
<tr>
<td>Community</td>
<td>Knowledge</td>
<td>Service</td>
</tr>
<tr>
<td>Competency</td>
<td>Leadership</td>
<td>Spirituality</td>
</tr>
<tr>
<td>Contribution</td>
<td>Learning</td>
<td>Stability</td>
</tr>
<tr>
<td>Creativity</td>
<td>Love</td>
<td>Success</td>
</tr>
<tr>
<td>Curiosity</td>
<td>Loyalty</td>
<td>Status</td>
</tr>
<tr>
<td>Determination</td>
<td>Optimism</td>
<td>Trustworthiness</td>
</tr>
<tr>
<td>Fairness</td>
<td>Peace</td>
<td>Wealth</td>
</tr>
<tr>
<td>Faith</td>
<td>Meaningful Work</td>
<td>Wisdom</td>
</tr>
</tbody>
</table>

II. **Directions:** Now, select the **5 values** from your **highlighted** list of 10 that are **more** important to you. Type these values below:

1. 
2. 
3. 
4. 
5.

III. **Directions:** Finally, select the **3 values** that are **most** important to you from your list of 5 values above. Type these values below:

1. 
2. 
3.
EXAMPLE

I. **Directions:** Read the list of values below. **Highlight 10 values** that are important to you.

Authenticity  
Achievement  
Adventure  
Authority  
Autonomy  
Balance  
Beauty  
Boldness  
Compassion  
Challenge  
Citizenship  
Community  
Competency  
Contribution  
Creativity  
Curiosity  
Determination  
Fairness  
Faith  
Fame  
Friendships  
Fun  
Growth  
Happiness  
Honesty  
Humor  
Influence  
Inner Harmony  
Justice  
Kindness  
Knowledge  
Leadership  
Learning  
Love  
Meaningful Work  
Openness  
Pleasure  
Poise  
Popularity  
Recognition  
Religion  
Reputation  
Respect  
Responsibility  
Self-Respect  
Service  
Spirituality  
Stability  
Success  
Status  
Trustworthiness  
Wealth  
Wisdom

II. **Directions:** Now, select the 5 values from your highlighted list of 10 that are more important to you. Type these values below:

1. Creativity  
2. Honesty  
3. Justice  
4. Learning  
5. Love

III. **Directions:** Finally, select the 3 values that are most important to you from your list of 5 values above. Type these values below:

1. Learning  
2. Love  
3. Justice

Created by Emma Korolik, via Edutopia