Core Values Activity

An example is provided on the next page

I.   **Directions:** Read the list of values below. <mark>**Highlight**</mark> **10 values** that are important to you.

Authenticity	Fame	Openness
Achievement	Friendships	Pleasure
Adventure	Fun	Poise
Authority	Growth	Popularity
Autonomy	Happiness	Recognition
Balance	Honesty	Religion
Beauty	Humor	Reputation
Boldness	Influence	Respect
Compassion	Inner Harmony	Responsibility
Challenge	Justice	Security
Citizenship	Kindness	Self-Respect
Community	Knowledge	Service
Competency	Leadership	Spirituality
Contribution	Learning	Stability
Creativity	Love	Success
Curiosity	Loyalty	Status
Determination	Optimism	Trustworthiness
Fairness	Peace	Wealth
Faith	Meaningful Work	Wisdom

II.   **Directions:** Now, select the **5 values** from your <mark>**highlighted**</mark> list of 10 that are **more** important to you. Type these values below:

1.
2.
3.
4.
5.

III.   **Directions:** Finally, select the **3 values** that are **most** important to you from your list of 5 values above. Type these values below:

1.
2.
3.

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Citizenship	==Kindness==	Self-Respect
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Contribution	==Learning==	Stability
==Creativity==	==Love==	Success
Curiosity	Loyalty	Status
Determination	Optimism	Trustworthiness
Fairness	Peace	Wealth
Faith	Meaningful Work	Wisdom

II.   **Directions:** Now, select the **5 values** from your ==highlighted== list of 10 that are **more** important to you. Type these values below:

1. Creativity
2. Honesty
3. Justice
4. Learning
5. Love

III.   **Directions:** Finally, select the **3 values** that are **most** important to you from your list of 5 values above. Type these values below:

1. Learning
2. Love
3. Justice

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