How distance learning or pandemic life has helped me develop the skill of ...

**Flexibility/ Adaptability**

I had to get used to wearing a mask all day at work.

I've gotten better at sending professional emails.

I have adapted to the new learning schedule even though it was very different than what I am used to.

Because of the pandemic, I was able to grow my flexibility and adapt to the changing school environment. Also outside of school, I was able to adapt to my different work conditions.

Skill of becoming more comfortable with technology as a teaching tool.

I have adapted to a new schedule.

I had to get used to online school and learning from home.

Source: Jamie Kobs, via Edutopia
How distance learning or pandemic life has helped me develop the skill of ...

**Time Management**

I had to learn how to space out my assignments to get them done on time and how to balance work, school, and other outside activities.

I have learned how to balance out my schedule so I can work more but I still have to time to do homework.

I have done most of my work right away instead of procrastinating.

With the pandemic, I was forced to really plot my time out and get the work done when it needs to be done and not wait.

Because of distance learning I now have a job, so most days I have to make time for school, homework, work, and working out which forces me to work on my time management skills.

I had to manage my time a lot more. Such as, figuring out times I'm going to complete my work for each class.

Because of the pandemic I haven't had as much structure and have had to sort of create my own and honestly it has made me a much better student because I have better grades than I have ever had.

With the shortened school, at first it made me feel like school was done so I could go do what I want. But I've learned a lot about how to use my time wisely after school.
How distance learning or pandemic life has helped me develop the skill of ...

**Communication or Teamwork**

I have taken more advantage of reaching out to teachers for help.

Since we aren't in person, whenever I don't understand a concept in school, I have reached out to teachers to set up zoom meetings or through email to get additional help.

When quarantine first started I got a job at Dunkin, so I've had a lot of time to build and improve my communication skills with people.

During a math class on zoom, you have to be really specific with words you use because you can't always just show each other notebooks.

Finding ways to communicate on zoom when not everybody likes their camera or microphone on.
How distance learning or pandemic life has helped me develop the skill of ...

Self-Motivation or Goal Setting

I was able to go on lots of walks and do stuff outside.

I was able to set a lot of goals at work since I want a raise and I want to be the best. I set a lot of goals for work.

I have had to become more self-motivated during distance learning.

At the beginning, I didn’t have a lot of motivation to do much. But I learned how to set goals and make lists for myself to improve my productivity and learned new skills.

When distance learning started I got much more into working out, so I have been setting a lot of workout goals for myself and working my best to accomplish them.

Self-motivation was a huge thing. I started to make more goals so I would get stuff done.

I’ve had a lot of extra time at home because of distance learning that I’ve used to work on goals.

There was a lot more self-motivation that had to go into place for me when transferring to distance learning. It created a sense of more motivation.
How distance learning or pandemic life has helped me develop the skill of ...

Responsibility or Independence

- distance learning has taught me to advocate for myself more
- I have become a lot more independent
- I learned a lot about making my own schedule and keeping track of all of my assignments/events.
- I was able to save a lot of money