Class Reflections

GRATITUDE

I'm thankful for...

1. ____________________________

2. ____________________________

3. ____________________________

JOURNAL

I feel...

Feeling Word: ____________________

DRAW IT or WRITE ABOUT IT

The best part of my day was...

This person brought me joy today:

_____________________________
1. I'm thankful for...

2. I'm thankful for...

3. I'm thankful for...

This person brought me joy today:

I feel...

Feeling Word: __________________

One thing that went well today was...

DRAW IT or WRITE ABOUT IT

Created by Megan Venezia
Class Reflections

GRATITUDE

I'm thankful for...

1. __________________________________________

2. __________________________________________

3. __________________________________________

This person brought me joy today:

__________________________________________

JOURNAL

I feel...

Feeling Word:

DRAW IT OR WRITE ABOUT IT

One thing I want to work on for tomorrow is...

Created by Megan Venezia
<table>
<thead>
<tr>
<th>This person brought me joy today:</th>
</tr>
</thead>
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Add a sticky note with the person’s name and why they brought you joy.
DRAW IT or WRITE ABOUT IT

The best part of my day was ...
One thing that went well today was ...
DRAW IT or WRITE ABOUT IT

One thing I want to work on for tomorrow is ...