

GRATITUDE

Class Reflections

I'm thankful for ...

1. _____
2. _____
3. _____



This person brought me joy today:

JOURNAL

I feel ...



Feeling Word: _____



DRAW IT or WRITE ABOUT IT



The best part of my day was ...

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I'm thankful for...

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2. _____
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This person brought me joy today:

JOURNAL

I feel...



Feeling Word: _____



DRAW IT or WRITE ABOUT IT



One thing that went well today was ...

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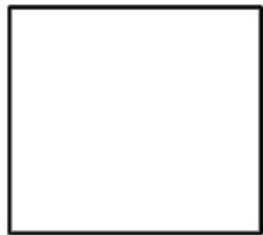
One thing I want to work on for tomorrow is ...

I'm thankful for ...



This person brought me joy today:

Add a sticky note with the person's name and why they brought you joy.





DRAW IT or WRITE ABOUT IT



The best part of my day was ...



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One thing that went well today was ...



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One thing I want to work on for tomorrow is ...