

# Intrinsic Motivation

## Meeting the needs for

- **Safety - physical & emotional, sense of security and order**
- **Autonomy-voice & choice, responsibility, opportunities for self-direction, influence**
- **Belonging - connected to and supported and valued by adults and peers**
- **Competence – intellectual, social, moral; efficacy**
- **Usefulness – contribute to the welfare or learning of others**
- **Fun**

